

Issue 040

# Travel & Cruise



## Weekly



keep  
*dreaming...*



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## From the Publisher

Jenny Piper

This week's issue is full of inspiration for when we can travel overseas again. There are plenty of 'wish I was here' stories. I really love our foodies section this week, all about food trucks. One of the best places I have been for the food truck culture is Portland, Oregon - if you love food, put it on your bucket list!

For the more adventurous, our feature story is about scootering through the Mekong Delta of Vietnam, not for the faint hearted. And discover a bit more about Ghent, a medieval canal city in Flanders - a well kept secret which I can't wait to discover, hopefully in the not too distant future.

I hope you enjoy this week's issue and feel inspired to start planning that next adventure. We may be able to cruise sooner than flying overseas, so pop in and see your travel agent to find out more about what is on offer. There are some amazing deals available now, with small deposits and generous cancellation terms. Don't miss out!

And don't forget to follow us on **Facebook** and **Instagram** (@travelcruiseweekly) for more stories to inspire those travels.

xx Jenny

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Front cover image: Arashiyama, Kyoto, Japan

# Bathurst Harbour, TAS

With no roads in, and only accessible by foot, boat or light aircraft, this secluded area of southwest Tasmania is one of the most spectacular landscapes on the planet. From wild rivers, to quartzite peaks and still, mirrored waters in Bathurst Harbour, there is so much natural beauty just waiting to be explored.



©Jason Charles Hill

# For foodies

## Fuel up on some of the best trucks

For a long time, the term fast food applied perhaps most appropriately to the world of food trucks, namely because they could zoom around a city and serve numerous hot spots with cheap street food in one night. But in recent times, food truck culture has swerved toward being more gourmet. Here are a few places guaranteed to slam the breaks on your hard-earned six pack.



### USA

The US is basically ground zero for everything fast food, so it stands to reason they are home to a vast empire of food trucks. One to check out is Moo BBQ in New Jersey, famed for serving up juicy smoky BBQ chicken wings, pulled pork cornbread rolls and spicy black cherry oink rib tips. For more glutinous indulgence, the fleet of Ms. Cheezious trucks in Miami are perfect for cheese-lovers. Order up pretty much any tasty variety of grilled cheese sandwich you can think of, from lavish blue cheese and bacon combos, to the classic mac n' cheese subs.

### Brazil

It was only when food trucks in Brazil started steering away from serving cheap food at soccer matches and began cooking up gourmet menus that the food truck culture truly became trendy. Now the sector is thriving, with most Brazilian trucks serving up tasty cuisines from across the globe. But for some authenticity, we recommend visiting Tapi Tapioca when in Rio, which has created a modern twist on the country's tapioca pancake. Instead of topping them with butter and jam, the truck uses a combination of European cheeses and sun-dried tomatoes as toppings.

### Melbourne, AUS

It's no secret that Melbourne has an elite reputation when it comes to food and restaurants, but perhaps its gourmet food truck culture often finds itself parked to one side. We suggest trying out the delicious menu at Mr Burgers. Describing itself as "burgers without borders", this food truck has garnered a reputation for creating burgers bigger than an average person's face. There are plenty of choices, but be brave and order up The Lot, stuffed full of bacon, beef, beetroot, egg, lettuce, onion, pickles, mayo, mustard, ketchup and cheese, all on a sesame seed bun – naturally.



## In the News

### Vaccines to enable touring

Tour and river cruise operator The Globus Family of Brands will require evidence of a COVID-19 vaccination or a negative test result for passengers as they depart on its holidays.

The new policy becomes effective from April this year, and applies to any Globus, Cosmos, Avalon Waterways or Monograms departure, and is seen as paving the way for a return to travel normality.

Globus said it would also facilitate - and cover the cost of - additional COVID-19 testing if required for guests to return to their home country, as well as testing

during a trip if guests showed coronavirus symptoms.

It's all about giving customers confidence to book, with the company also giving clients the flexibility to change their plans without penalty, moving trips to any other 2021 or 2022 date, destination or itinerary.

### Two Ponants for Australia

Ponant Cruises continues to show confidence in the local market, late last week announcing it would deploy two of its ultra-luxe small ships in Australian waters later this year.

*Le Laperouse* and *Le Soleal* will operate eight immersive

itineraries around the NSW, Queensland, WA, SA and Tasmanian coastlines, with itineraries created by Mick Fogg, the cruise line's eminent Expedition Manager Asia Pacific.

The Australian season's announcement follows last week's shock last-minute backflip by Kiwi authorities, which banned *Le Laperouse* from NZ waters and refused to provide visas for most of the ship's crew - just as it was about to commence a highly anticipated local season.

Ponant said there was huge pent-up demand for the new voyages, with a significant number of pre-registrations meaning prospective cruisers should act quickly to secure their preferred cabins.



# Vietnam by scooter

Ben Groundwater has the adventure of his life when he hires a scooter to explore Vietnam via its famously frantic roads.

This was a huge mistake. That's the feeling I'm shaking as I pull my scooter onto Saigon's insanely busy streets, as cars honk, as trucks swerve, as motorbikes weave around me, appearing from nowhere at my shoulder, drifting across my front wheel, pushing up onto the pavement to get past and around me.

Vietnamese roads are not for the faint-hearted. Anyone who's tried to get across one on foot could tell you that. These are rivers

of humanity and machinery, vast tides that seem to have lives of their own, torrents that pour around any pedestrian game enough to step into their path, like floodwaters around a lonely home.

This idea to pilot a scooter of my own sounded great – in theory. Scooters are, after all, the vehicles of the people in Vietnam, the affordable and simple mode of transportation that most of the country's citizens utilise day by day, so it made sense

that the best way to explore the country would be to follow their lead. Live like a local. Takes things slow.

And yet there's nothing slow about Saigon's streets, nothing that seems particularly relaxing about steering this vehicle through these reams of traffic to get it back to the safety of my hotel. It's a hair-raising, white-knuckle introduction to Vietnamese roads, and a portent of things to come.

The journey I'm about to undertake is a



*Left: Ride through Vietnam's famous rice paddies*

*Top right: Vietnamese roads are like rivers of humanity and machinery*

*Bottom right: The Mekong Delta region offers a completely different pace to that of Saigon.*



four-day adventure on two wheels, a circular scooter ride through the Mekong Delta region of southern Vietnam. This is part of the country that moves at a pace to match the languid flow of its many waterways: roads are quiet and lined with little coffee shacks; sleepy towns straddle rivers and live off their bounty; wide channels need to be tackled by car ferry; guesthouses cost next to nothing, and very much seem as if they should.

All of that, however, lies outside of Saigon,

which means getting outside of Saigon, and that involves a hellish two-hour ride through some of the worst traffic you've ever seen on a single-lane, dust-choked highway that plays host to every single truck, bus, car and scooter trying to get down to the Delta. Once I make it through that however, I power my little 110cc Honda Blade past the outskirts of this huge city and into the countryside, and life is suddenly good.

Fifty kilometres outside Saigon – that's all you have to travel. Once you're 50 kilometres outside Saigon, everything changes. The traffic disappears (well, mostly). The roadsides open up, revealing rice paddies and banana plantations and perhaps the greatest thing known to man: "ca phe vong". Vong is the Vietnamese word for hammock, and a ca phe vong is a coffee shop that provides hammocks for weary riders. Brilliant.

You also find that once you get 50



*Clockwise from top: Rice paddies and banana plantations are dotted throughout the Vietnamese countryside ©Ben Groundwater*

*Grab your dinner from a local market.*

*Having experience riding scooters or motorbikes is essential to having a holiday like this - Vietnam is not a good place to be a learner.*

*Once you get outside of Saigon, the pace changes drastically and you can experience the beautiful Mekong Delta.*

kilometres south of Saigon, people have barely ever seen a foreigner. No one speaks a word of English in these parts. People stare at you like you've just dropped in from space. It's a feeling of complete discombobulation, of freedom and anonymity, and yet you're still so close to the big, bad city.

My first port of call is Ben Tre, a small riverside town with a host of decent lodgings. I putter down the road at night to get food from a local market. I sit on a plastic stool and drink a beer and toast the good fortune of a day on the roads survived.

There are a few essentials, I discover, that you need to make a trip like this work. One is experience riding scooters or motorbikes – Vietnam is not the place to be a learner. You also need to be covered by travel insurance, and the only way to do that is to have a motorbike or scooter license in Australia.

You'll also need a local Vietnamese SIM card so you can access Google Maps throughout the journey and figure out where you are, and preferably a trusted companion riding pillion to call out directions.

It's also handy in the Mekong to have a huge dollop of patience. Things will go wrong on this trip. Traffic will be jammed, car ferries won't run on time, roadworks will happen, storms will hit. And as long as you're not in a hurry, none of those things will really matter.

I'm in no hurry. The following day I make a leisurely journey via quiet country roads to the town of Long Xuyen, before continuing west the day after to the Cambodian border at Chau Doc. It's then time to turn for home, calling in at a guesthouse in Tan An before making the final run back through the insanity of outer Saigon.

The riding throughout the trip is crazy, of course. I get run off the road – literally, run off the road – by trucks twice. I hit plenty of unmarked potholes. I have to dodge and weave through all manner of humanity and livestock.

But was this a huge mistake? Definitely not. It was an adventure.



# Get to Ghent

Explore Europe's best kept secret with these must-do activities.



Settle into this stunning medieval city with a stroll along the canals  
©Visit Flanders

Located 30 minutes by train from Brussels, is Ghent, in the heart of Flanders, Belgium. Ghent is a medieval canal city with a cool vibe and artistic quirky edge.

## See “The Adoration of the Mystic Lamb’ by Van Eyck

Housed in St Bavo’s Cathedral in the heart of Ghent, the triptyc painting, is one of the most influential (and stolen!) artworks of all time.

After seven years, the fully restored artwork will be on display in a new visitor’s centre in March 2021.

## Wander & explore – no cars allowed!

A guided walking tour will provide you with an insight into the quirky nature of the locals, also found onboard the regular 45-minute canal cruises. Look out for 12th century Gravensteen Castle, unique story-book Flemish facades, and a tangle of cobbled stone streets. Not to be missed is the mystical evening lighting display across the city each night. It’s a particularly romantic walk but be warned – the magic may stop at midnight when the lights go out!

## Taste Ghent’s unique specialties

Ghent has an incredible restaurant scene and an extensive range of local delicacies. Look out for:

*The Ghent Nose* – Sold on carts in the market square, a triangle shaped sweet, raspberry flavour, a unique taste and secret recipe.

*Mustard* – Behind the carts is a store called Tierenteyn-Verlant. Very little has changed in the store for 200 years. The (fabulous!) mustard is scooped from a large vat to take home.

*Ganda Ham* – Hams hang from the beams of the Great Butchers Hall – delicious.

*Roomer* – A liqueur made with elderflower; make a wish for each petal in your glass.

It wouldn’t be Belgium without beer. Try *Dulle Griet* – a traditional pub - deposit a shoe to drink beer from the special coachman’s glass.

# Four things

Reach new heights with these Ferris wheels around the world



## The High Roller – Las Vegas

The current world's tallest Ferris wheel is the 167.6-metre-tall High Roller in Las Vegas. Making exquisite use of both engineering and double-entendre, High Roller opened to the public in 2014, offering riders a new perspective of the Las Vegas Strip. High Roller is one of the increasing number of family friendly options in the city, but the currently under-construction Ain Dubai is proposing to end the Las Vegas wheel's six-year reign at the top of the world's Ferris wheels, set to eclipse it by almost 100 metres.

## Pixar Pal-A-Round – Los Angeles

Eccentric in more ways than one, Disney California Adventure Park's Pixar Pal-A-Round in Anaheim is one of the world's few sliding wheels, meaning a number of its passenger cars are fixed on rails between the rim and hub of the wheel, causing them to slide as the wheel rotates. However, just because Mickey Mouse's face adorns the outside of the Ferris wheel, does not mean this ride isn't scary – you have been warned.

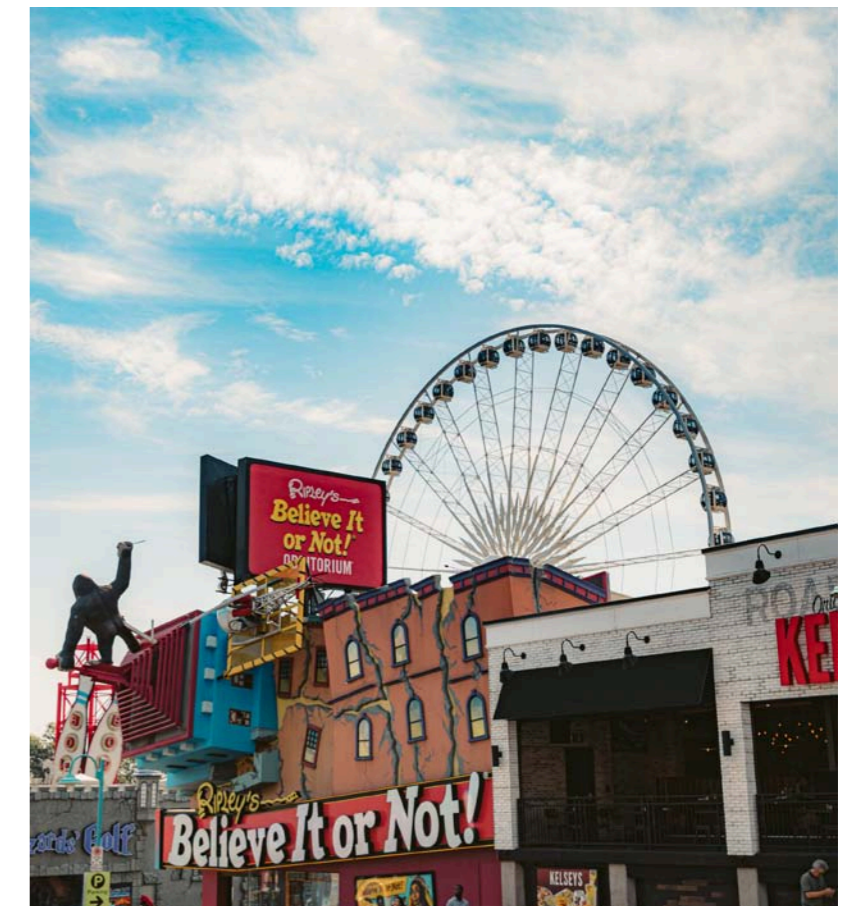


## Big O – Tokyo

A marvel of engineering, Big O is a "centreless" Ferris wheel, with no central hub. Rather than the actual wheel turning itself, Big O's passenger cars instead travel around the circumference of the rim. Big O is located outside Tokyo Dome, and punctuating the middle of the structure is the city's largest roller coaster, Thunder Dolphin.

## Niagara SkyWheel – Niagara Falls

Massively controversial when it first opened in 2006, Niagara Falls' Niagara SkyWheel has since proven a success, offering arguably the most spectacular view of any Ferris wheel in the world. Looking out over the Niagara River, Horseshoe Falls and American Falls, the wheel is located in the town's Clifton Hill tourist trap, and is open all year, from 9am to 1am.





# Keep your cruising dream alive

Travel agents are some of the best people to help you plan a cruise holiday. Not only are they experts who have trained and studied up on all the different cruises and ships, often they've experienced them themselves! This week's review comes from Robyn and Murray Sinfield from Home Travel Company in Penguin, TAS.



## Crystal Cruises - *Crystal Symphony*, Northern Crossing

### The ship

*Symphony* is sumptuous comfort. Our private verandah suite allowed us sweeping views of our ever changing Indian Ocean horizon. Crystal has some of the most highly-trained team members with a service ratio of virtually one to one. All the elements of a luxury cruise line with value for money inclusions including daily replenished mini bar of choice, free unlimited wi-fi, open bar, open dining, complimentary launderettes, and high tech amenities and designer toiletries. We love the Library its very own librarian, our daily visit for books, movies, and more.



### Dining

This is where Crystal shines with an adventure in Epicurean excellence across the vessel, inspired and innovative menus and Michelin-level cuisine served in open seating venues. The main attraction is Waterside, open for breakfast, lunch and dinner. Try Umi Uma, the inspiration of Chef Nobu Matsuhisa for Asian inspired delicacies, Prego for Italian and their signature mushroom soup or it could be Chinese comfort food at the Silk Bar and Kitchen. By evening why not try a Brazilian Steakhouse, Churrascaria - nothing too heavy and a lot more casual, then the Bistro on deck 5 is a favourite and for special functions with menus paired with amazing wines then the Vintage Room is indeed a highlight (surcharge applies). Afternoon tea in the Palm Court when you feel hungry! Or a classic Supper Club in the evening with lively entertainment in the Stardust Club.



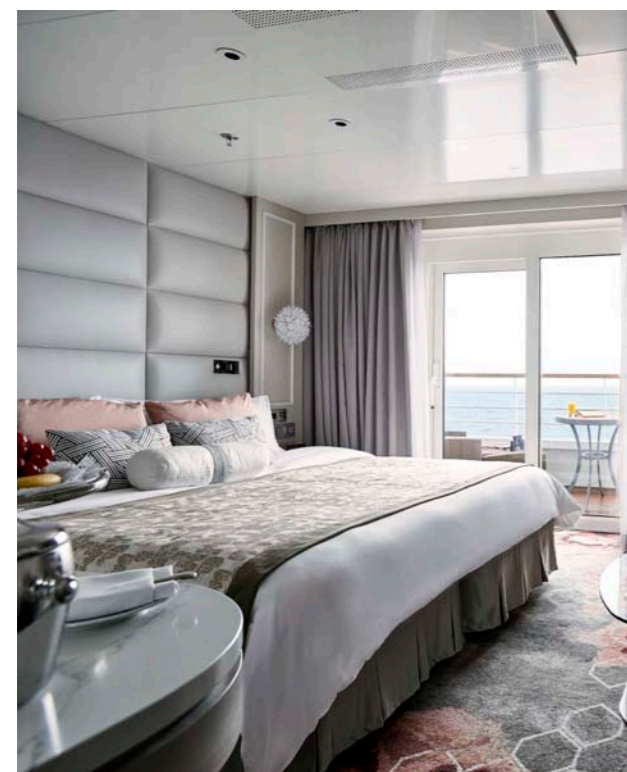
### Itinerary highlight

One of the best voyages is a Crystal Ocean crossing, from Tokyo in Japan to San Francisco USA, and cruising Alaska and the Aleutian Islands. It allows great pre-embark time in Japan to take in the sights if you haven't been to Tokyo or Mt Fuji, or wander further afield if you've been before. Once sailing you'll visit the island of Hokkaido and Hakodate, which has an interesting fishing story before heading to one of the last Russian posts on the East Coast Petropavlovsk - well this is one city you don't want to miss the ship in! Next landfall after great days at sea is the port of Dutch Harbour, home of the TV show, *Deadliest Catch* and we had a great day off the vessel out and about with local fisherman. Bear Country Kodiak was interesting before hitting the Alaskan coast and the Inside Passage. A fabulous journey and itinerary late May to mid June.



### Top tip for clients

On most sailings with Crystal there is a magician onboard, it's not just any magician but one who performs private shows in the lounge to a group of 10 or so. They come from the Magic Castle in the USA and have mystifying performances featuring sleight of hand and illusions and you are sitting right in front of them - here's the tip, you won't know about it but tickets are free and from the librarian, so pop in on embark day and sort out a performance for you and or your party.



## Pub quiz

1. In which city can you find the Taj Mahal?
2. Name any of the eight cities that most prominently lay claim to the title “the Paris of the West”?
3. Maria Island is located off the coast of which Australian state?
4. The Avon River flows through what city?
5. Both Fullerton hotels, in Singapore and Sydney, are constructed in buildings that formerly housed what?
6. The Istana Negara is the official residence of what country’s monarch?
  - a) Malaysia
  - b) Japan
  - c) Saudi Arabia
7. Rome-Fiumicino International Airport is named after who?
8. What is the most populous city within the European Union?
9. In what year did Vancouver host the Winter Olympics?
10. What initially opened in 1994 on the north bank of the Yarra River, before relocating to the south bank three years later?

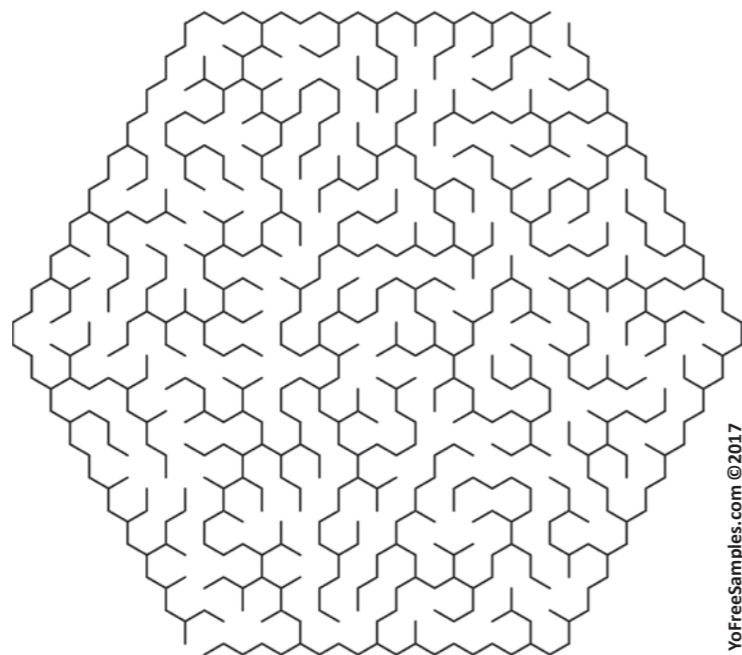
## Icon under a microscope

This landmark is iconic and easily recognisable when you see the whole picture, but can you identify it from this small portion of the image? The Hell Gate Bridge in New York inspired the final design of this structure. Originally the pylons, pictured, were purely built for their aesthetic value and were added so people wouldn’t be concerned about the structural integrity of this icon.



## A-maze-ing

Can you find your way through this maze? Start at the top right corner and finish in the bottom left.



YoFreeSamples.com © 2017

## Pub quiz

1. In what country can you find the Yamuna River?
2. Order these three cities from closest to farthest away from Darwin: Adelaide, Brisbane, Perth.
3. The Industrial Revolution is considered to have begun in what country?
4. To the nearest 10 million, roughly how many people are there in the Middle East?
  - a) 370 million
  - b) 480 million
  - c) 530 million
  - d) 570 million
5. Donnybrook, Western Australia, is known as the state’s hub for what fruit?
6. The 1930 FIFA World Cup, the first-ever tournament, was hosted and won by what country?
7. What is the only international destination listed by Jetstar as a “focus city”?
8. The Sinai Peninsula is part of what country?
9. Jordan is located on the bank of what river?
10. Name any of the seven cities that most prominently lay claim to the title “the Paris of the North”?

## Sudoku

EASY

The aim of Sudoku is to complete the entire grid using the numbers 1-9. Numbers can only be used once in each row, column & 3x3 box.

		5						
8	6	7	1	3				
3	1		2	8	9			
6	4			1	3	5		
7		9				8		4
		1	9	7			2	3
			4	2	7		3	8
				9	8	4	7	5
						2		

www.sudokuoftheday.com – visit them and get a new Sudoku every day!

## Seen it at the movies



The beautiful Tweed Heads near the border of NSW and Qld was the real-life setting for the fictional movie town of Porpoise Spit, the focal point for a famous Aussie favourite starring Toni Collette. Although parts of this movie were shot elsewhere, such as Moreton Island as well as parts of Sydney, most of the project was shot in Tweed Heads, and has since become one of the most successful Aussie films of the last 30 years.

## Pick the nation

Countries have unique geography, ethnicities and cultures which come together to often form very distinctive symbols.

Based off the four different symbols and famous faces, see if you can figure out which country they represent.



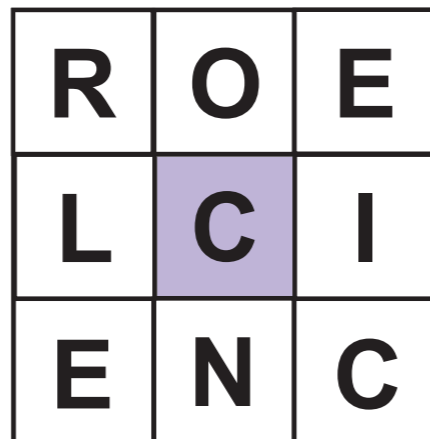
## Where in the world?



This colourful neighbourhood has become a key stop on any tourist's visit to the city. The houses have an important history however, with the area mostly populated by Muslim slaves, tradesman, craftsman and artisans. They were painted white while they were leased, but when they were purchased by newly liberated slaves after 1834, many painted them colours as an expression of their freedom. Do you know where this is?

## Unscramble

How many words can you make out of these nine letters? Every word needs to include the centre letter, have four letters or more and not be a proper noun or a plural. You can only use each letter once.



**Good – 17 words**

**Very good – 26 words**

**Excellent – 34 words**

*NOTE: We've used Chambers Dictionary to decide what words are acceptable.*

## Theme park word search

T	E	M	M	Q	R	Y	B	I	W	D	D	V	W	G
G	I	Z	X	S	E	O	V	L	A	L	N	D	F	K
N	W	R	F	E	B	P	V	Z	L	I	A	L	E	S
Q	B	A	D	A	U	Z	A	C	T	W	L	R	R	I
O	D	G	L	W	S	V	Y	K	D	N	Y	O	R	X
R	K	I	R	O	C	T	R	D	I	T	E	W	A	F
L	R	N	O	R	H	D	R	N	S	E	N	M	R	L
E	A	G	W	L	G	O	E	A	N	W	S	A	I	A
G	P	W	E	D	A	O	B	L	E	Z	I	E	W	G
O	A	A	I	K	R	W	S	Y	Y	T	D	R	O	S
L	N	T	V	P	D	Y	T	E	W	T	O	D	R	E
A	U	E	O	K	E	L	T	N	O	P	Y	K	L	P
N	L	R	M	M	N	L	O	S	R	Q	K	B	D	W
D	C	S	W	J	S	O	N	I	L	D	O	V	T	C
E	U	V	G	G	X	D	K	D	D	L	T	F	W	Q

See if you can find these words. They are hidden horizontally, vertically and diagonally, forwards and backwards.

DISNEYLAND  
SEAWORLD  
DREAMWORLD  
MOVIEWORLD

SIXFLAGS  
WALTDISNEYWORLD  
TOKYODISNEYLAND  
DOLLYWOOD

WETNWILD  
LUNAPARK  
BUSCHGARDENS  
KNOTTSBERRY

RAGINGWATERS  
FERRARIWORLD  
LEGOLAND

## Whose flag is this?

The Union Jack is the official flag of this state, but there are a variety of flags used throughout the territory. This flag pictured is what the nation uses at the Olympic Games and similar international events, and has done since 1969. It includes the Union Jack, along with the territory's coat of arms. The woman in the coat of



arms is St Ursula, who was a legendary leader of 11 (or 11,000, depending on the source) virgins who were martyred in Germany in the

4th century. This country was named for St Ursula by Christopher Columbus when he sighted it in 1493.

# Make it at home

In the lead up to Easter we're celebrating chocolate recipes from around the world



## Coconut Chocolate Brownie

It's hard to go past a brownie for your chocolate fix, and this recipe comes from Taste Fiji, a local family-run cafe in Nadi. The cafe is known for their decadent sweet bar and barista coffee. Until borders open and you enjoy the real deal, here's the recipe to make your own.

### Ingredients

- 250g butter
- 500g brown sugar
- 125g cocoa
- 4 eggs
- 1 teaspoon vanilla extract
- 100g desiccated coconut

### Method

Line a 24cm square cake tin with baking paper and preheat the oven to 180°C.  
In a small saucepan gently melt the butter with the sugar. Add the cocoa and mix well.  
In the bowl of an electric mixer beat the eggs and vanilla until light and fluffy.  
Pour the chocolate mixture and coconut into the eggs, mix until well combined.  
Turn the batter into the prepared cake tin.  
Bake for 40 minutes, the centre will still be a little soft which is as it should be.  
Allow to cool and then cut into 16 pieces. Enjoy!

## Puzzle answers

### Page 18

Pub quiz: 1 Agra, 2 Abidjan, Buenos Aires, Cincinnati, Denver, Detroit, Merida, Montreal, San Francisco, 3 Tasmania, 4 Christchurch, 5 A post office, 6 a) Malaysia, 7 Leonardo da Vinci, 8 Berlin, 9 2010, 10 Crown Melbourne

Icon under a microscope: Sydney Harbour Bridge, Australia

### Page 19

Pub quiz: 1 India, 2 Adelaide, Perth, Brisbane, 3 United Kingdom, 4 a) 370 million, 5 Apples, 6 Uruguay, 7 Denpasar, 8 Egypt, 9 Jordan River, 10 Aalborg, Dawson City, Newcastle, Riga, Szczecin, Tromsø, Warsaw

Seen it at the movies: Muriel's Wedding

Sudoku:

2	9	5	7	4	6	3	8	1
8	6	7	1	3	5	9	4	2
3	1	4	2	8	9	7	5	6
6	4	2	8	1	3	5	9	7
7	3	9	5	6	2	8	1	4
5	8	1	9	7	4	6	2	3
9	5	6	4	2	7	1	3	8
1	2	3	6	9	8	4	7	5
4	7	8	3	5	1	2	6	9

### Page 20

Where in the world: Bo Kaap St, Cape Town, South Africa

Pick the nation: Argentina

Unscramble: cere, circle, cleric, clone, coerce, coil, coin, coir, cole, colic, cone, conic, core, corn, cornice, creel, crenel, creole, crone, encircle, encore, icon, licence, nice, nicer, niece, oleic, once, recce, recline, recoil, RECONCILE, relic, rice

### Page 21

Whose flag is this: British Virgin Islands

# *Feeling inspired?*

Contact your local travel  
agent to start planning  
your next dream holiday

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